



# THE BOOK OF MARK

Have Life Church – Virtual Bible Study: Mark 1

Mark 7 addresses dishonorable traditions and evaluates the attitudes and intentions of the inner person. It teaches us that true holiness comes from a transformed heart, not just outward religious behavior.

## Quote:

“The main thing is to keep the main thing the main thing”

~ Stephen Covey ~

## Dr. Sho’s Big Point:

In our Bible study according to the Book of Mark, we find a fast-paced, storytelling account of Jesus’ life, leading up to his crucifixion and resurrection. The book highlights him as the Messiah and Son of God, who is performing miracles and ministry on his journey to the cross—often speaking in parables, directly confronting religious leaders who sought to condemn him, and building disciples to speak the Good News along the way.

## Mark 7:6

“These people honor me with their lips, but their hearts are far from me.”

## Teaching Points

1. Traditions Must Never Replace God’s Word (verses 1–13)
2. External Actions Don’t Define Spiritual Cleanliness (verses 14–19)
3. The Heart Is the Source of Sin (verses 20–23)
4. Faith, Not Background, Opens the Door to God (verses 24–30)

**Parallel Reading:** Consider the following chapters for additional Bible study to parallel Mark 7:

### Traditions Must Never Replace God’s Word

o Matthew 15:1-9

### External Actions Don’t Define Spiritual Cleanliness

o Matthew 15:10-17

### The Heart Is the Source of Sin

o Matthew 15:18-20

### Faith, Not Background, Opens the Door To God

o Matthew 15:21-30